

Pre-Operative Instructions

Please be sure your doctor is aware of any medical condition that may be of concern prior to any surgery (i.e., diabetes, high blood pressure, artificial heart valves and joints, rheumatic fever, etc.) or if you are on any medication (i.e., heart medications, aspirin, anticoagulant therapy, etc.).

Take prescribed medication (antibiotics) until you finish the prescription.

The night before your surgery:

If your surgery is to be in the morning and you are receiving intravenous sedation, please do not eat after midnight. If you are taking oral sedation only, you may have a small glass of clear apple juice and plain toast or crackers, and you may have a very light, low-fat meal at least two hours prior to surgery. Regardless of type of sedation you will have, take your pre-medication (antibiotic and Motrin) with a small glass of clear apple juice.

- ◆ Please abstain from alcoholic beverages 24 hours prior to surgery, and while taking pain medication.
- ◆ If an anti-inflammatory has been prescribed (Motrin or Ibuprofen) begin taking it one hour before your appointment, as well as your antibiotic.
- ◆ If oral or I.V. sedation is being used, please arrange for your transportation and escort from the office. (And this cannot be a taxi or limo service.)
- ◆ Please rinse thoroughly with Peridex for one full minute one hour prior to surgery.